



## Press Release

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### **Tokyo heroes join unique school visit campaign; Neeraj Chopra to visit Sanskardham in Ahmedabad on Dec 4**

**New Delhi:** Responding to the clarion call by the Hon'ble Prime Minister Shri Narendra Modi on the occasion of 'Azaadi ka Amrit Mahotsav' earlier this year, our Olympians and Paralympians are set to interact with school children on the very important topics of Santulit Aahaar (Balanced Diet), Fitness and Sports to empower future champions of India through a unique campaign. Gold medalist at the Tokyo Olympics and now a prominent household name across the country, Neeraj Chopra will initiate this campaign when he visits and interacts with school children from across Gujarat at Sanskardham School in Ahmedabad on December 4.

Neeraj's visit was announced by Union Minister of Youth Affairs and Sports Shri Anurag Singh Thakur on Twitter. He wrote, "PM Shri Narendra Modi ji gave a clarion call to our Olympians and Paralympians to visit schools and interact with students on the importance of 'Santulit Aahaar', fitness, sports and more. Starting December 4th Neeraj Chopra will be at Shanskardham School in Ahmedabad to launch this mission.

Speaking about the mission, Neeraj said, "I am extremely happy and excited to be part of this unique initiative envisioned by the Hon'ble PM Sh Narendra Modi. This initiative will accelerate the momentum towards creating a sports culture based on fitness, better nutritional intake and greater awareness about physical activities in our daily lives.

As athletes we can play a huge role in motivating youngsters to lead a healthier life. I look forward to my interaction with students of Sanskardham School on Saturday."

Saturday's event will witness Neeraj interacting with students on 'Santulit Aahaar', which emphasises on the importance of balanced diet, nutrition, fitness and sports. Neeraj will also be taking questions from the school children and he will also be participating in fitness and sports activities with them.

Following Neeraj, Tarundeep Rai (Archery), Sarthak Bhambhri (Athletics), Sushila Devi (Judo), KC Ganapaty and Varun Thakkar (Sailing) will be visiting schools in other parts of the country in the



coming two months. Among the Paralympians, Avani Lekhara (Para Shooting), Bhavina Patel (Para Table Tennis) and Devendra Jhajharia (Para Athletics) will be joining them as well.

The special campaign, jointly being organized by the Ministry of Education and the Ministry of Youth Affairs and Sports, will see our heroes from Tokyo Olympics and Paralympics, visit as many schools across the country as possible, in a span of two years. The athletes will share their own experiences, life lessons, tips on how to be the next great sports person and also give an overall inspirational boost to the school children.

**EOM**